

Squamish Youth Soccer Association 2010 – 2011 Season

For up to date information (including schedules) on Squamish Youth Soccer, access the web site at squamishsoccer.ca

Executive (executive@squamishsoccer.ca):

Chair	Katrina Doherty	president@squamishsoccer.ca
Vice-Chair	Kim Stanley	vp@squamishsoccer.ca
Secretary	Sue Sweeney	secretary@squamishsoccer.ca
Treasurer	Carole O'Brennan	treasurer@squamishsoccer.ca
Directors	Mark Lambert	lambert@telus.net
	Andrew Bauer	kaants@shaw.ca
	Diana Geller	ghitag@telus.net
Equipment	Kim Stanley	equipment@squamishsoccer.ca
Uniforms	Pat Gilbert	uniforms@squamishsoccer.ca
Head Referee & Field Coordinator	Jose Oreamuno	headref@squamishsoccer.ca 604-898-5579
Travel Team Coordinators		
	Katrina Doherty (girls)	travelg@squamishsoccer.ca
	Tsan Chester-Bauer (boys)	travelb@squamishsoccer.ca
Uniforms Coordinator	Pat Gilbert	uniforms@squamishsoccer.ca
Concession Coordinator	Tammie Cassettari	concession@squamishsoccer.ca
Photo Day Coordinator	Tracey Scott	pictures@squamishsoccer.ca
Division Coordinators	E-mail using division name, e.g. u11b@squamishsoccer.ca	

FIELDS

To find out if the fields are open, go to www.squamishsoccer.ca (click on "Field Updates")

EXECUTIVE COMMUNICATION

Please feel free to contact the executive at any time, we are here to help you, but please think before you phone, we are all **volunteers** with our own personal lives.

Here are a few items to consider before contacting us:

- 1) Can you answer your own questions by re-reading briefing packages and/or WebPages?
- 2) Can another parent or coach in your League help you?
- 3) If it is not urgent, **please** use e-mail and we will respond as soon as we can.
- 4) If you do need to phone, don't be angry... or call late at night. Be reasonable and we'll try to help.
- 5) Remember... we are all here to help our children and youth have fun, playing this great game!

Squamish Youth Soccer Association

Welcome to another season of soccer! A BIG thank-you to our returning coaches and a BIG welcome to new coaches joining us!

For the fall portion of the 2010-2011 season, SYSA will be engaging in interlocking play with teams from Whistler and Pemberton in the U11, U14 and U18 divisions. For U14 and U18 divisions, the fall session will be the league play and the spring session will be the tournament. U14 and U18 Squamish teams will play each other an equal number of games throughout the season. Also, Squamish teams will not receive points when playing a Whistler or Pemberton team.

NOTE: There are no games scheduled for the Thanksgiving weekend in October or for the months of December or January.



Age groups for the Season

League	Gender	# on Field*	Ball size	Half time (2X)	Officiated	Offside	Field of Play
U7	Girls	4	3	20 min	No	No	Field 9
U7	Boys	4	3	20 min	No	No	Field 10 & 11
U9	Girls	6	3	25 min	No	No	Field 6
U9	Boys	6	3	25 min	No	No	Field 5
U11	Girls	7	4	25 min	Yes	Introduce	Field 7
U11	Boys	8	4	25 min	Yes	Introduce	Field 8
U14	Girls	11	4	30 min	Yes	Yes	Field 1,3& 4
U14	Boys	11	4	30 min	Yes	Yes	Field 1,3& 4
U18	Girls	8	5	35 min	Yes	Yes	Field 2
U18	Boys	8	5	35 min	Yes	Yes	Field 2

note that this number includes the goalie

- 1) 5 minute half time
- 2) Make sure game starts at scheduled time. **IF YOUR GAME DOES NOT START ON TIME YOU WILL LOSE GAME TIME (i.e. 10 MINUTES LATE START = 5 MINUTES LESS PER HALF). The game after yours will not start late to accommodate.**

Coaches on the field:

- U7 & U9 may have one coach on the field for the **whole game** and the **whole season**
- U11 may have one coach on the field for the **whole game** for the **first half of the season**.
- U14 and up have **no** coaches on the field.

SCHEDULES

Schedules are available on the web site at www.squamishsoccer.ca.

UNIFORMS

- shin pads are mandatory (please insist that players wear them under their socks)
- soccer cleats are mandatory
- proper uniforms must be worn (black shorts, league shirt, black socks)
- shirts must be tucked in
- no jewellery (watches, bracelets, dangling chains, and earrings should be removed)
- no hard peaked caps
- in cold weather, younger players should wear warm-up layers under the uniform

PICTURE DAY

Coaches will be contacted when Picture Day has been scheduled. Coaches will be asked to ensure each player receives the order envelope.

UNIFORM POLICY

Enclosed in your uniform box is a form for tracking uniforms and deposit cheques. This form is also available on line.

A uniform deposit in the form of a cheque in the amount of **\$40.00 (payable to SYSA)** posted-dated to **April 10th, 2011** must be received by the coach **before** a uniform can be given to a player. This money will be held by the coach until the uniform is returned. Please double check the date on these cheques when you receive them.

Anyone that does not return his or her uniform by the FINAL WEEK-END will NOT RECEIVE THEIR DEPOSIT BACK

Uniforms should be collected by team coaches and/or managers on Soccer Wind-up Weekend and returned to Pat Gilbert on that day. NO NEED TO WASH PRIOR TO RETURN.

Due to the lack of returned uniforms we are forced to put this policy in place because of the tremendous cost of replacing the uniforms.

WE ARE TRYING TO SAVE FAMILIES MONEY ON REGISTRATION COSTS.

No player is allowed on the field of play with any jewelry (this includes both male and female players) or without the proper uniform on.

A proper uniform consists of:

- League Jersey (provided by the league) **Must be returned**
- All Black Socks (provided by the league) **Player Keeps**
- All Black Shorts **Player Provides**

Jewelry consists of barrettes, bracelets, rings, earrings, necklace and any other item that the referee deems to be a danger. Jewelry **MUST BE REMOVED** – players are not permitted to play with taped items.

The referee is within his rights to send a player from the field not wearing a proper uniform or for refusing to take off jewellery/accessories.

RULES/BITS AND PIECES

- FIFA rules apply in all games
- **EVERY PLAYER MUST PLAY AN EQUITABLE AMOUNT OF TIME.**
- **PLAYERS FROM OTHER ROSTERS ARE NOT ALLOWED TO PLAY FOR YOUR TEAM AT ANY TIME. IF YOU ARE CONSISTENTLY SHORT OF PLAYERS, PLEASE PHONE THE REGISTRAR AS THERE MAY BE PLAYERS AVAILABLE ON THE WAIT LIST.**
- **IF A PLAYER FROM ANOTHER ROSTER HAS BEEN REPORTED PLAYING ON A TEAM THAT TEAM WILL FORFEIT ANY POINTS AWARDED.**
- Off-side will be taught to U11 teams the first half of the season, and will be called in the second half of the season. U7 & U9 boys and girls will not play offside.
- Do not play unregistered players, they are not insured.
- If a child is no longer coming out, call the home, find out if they've quit. If so, collect the uniform and inform your division coordinator and/or email the soccer association at info@squamishsoccer.ca. There may be players on the wait list who can be added to your roster.
- At the beginning of the season the executive reserves the right to move players in an attempt to balance teams.
- Do not tell anyone they can be on your team. SYSA assigns children to team rosters, not the coaches and/or parents.
- A first aid kit and telephone are available in the concession Professional medical attention (911) is the best when an injury occurs.
- Coaches must supply team names (i.e., Yellow Jackets). E-mail your team name (make sure you include what division you are in) to your division coordinator by September 30th.
- Start your games **ON TIME**, 10 minutes at 9:00am turns into 45 by 12:00pm. 11-a-side soccer may start with 8 on the field; the opposing team does not have to reduce to equal strength.

IF YOUR GAME IS LATE STARTING YOUR GAME TIME WILL BE SHORTENED TO ENSURE THE FOLLOWING GAME STARTS ON TIME.

REFEREES

THE DECISION OF THE REFEREE IS FINAL

It is the responsibility of the coach to maintain a respectful atmosphere for the referee, his team, team parents and of course themselves.

If you have a referee problem please contact Jose Oreamuno.

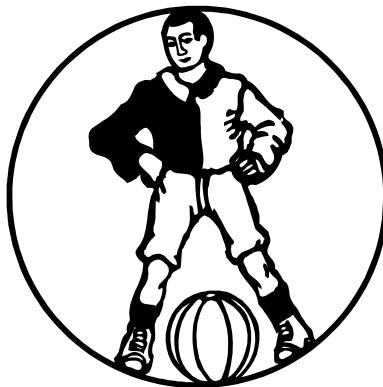
REMEMBER CHILDREN ARE OFFICIATING MOST GAMES, AND THEY ARE LEARNING TO BE OFFICIALS JUST AS THE PLAYERS ARE LEARNING TO BE PLAYERS. THEY ARE EASILY INTIMIDATED. Even if you think you are being constructive you may not be. Let Jose deal with specific problems or misunderstood rules.

If a player is red carded they are automatically suspended from the remainder of the game and the next scheduled game.

Our goal is to have referees at all games; a schedule will be placed on the concession stand bulletin board for the refs to sign up for specific games. At times not enough refs may be available. **Please let Jose or Diana know if you are going without refs.**

PLEASE LEAD BY EXAMPLE WHEN DEALING WITH OUR REFS AND MAKE THAT EXAMPLE A POSITIVE, RESPECTFUL ONE.

Note: Coaches referee their own games at the U7 level. Jr. referees will be scheduled where possible for U9 and U11 games. Any issues with these Jr. Referees should be directed to the Jr. Ref. Coordinator, Diana Geller.
referees_jr@squamishsoccer.ca



RAINY WEATHER

Please remember this is BC not Arizona, try to play all your games whenever possible.

The squish test will happen Friday Afternoon at 4:00 pm, please consult the soccer website www.squamishsoccer.ca for confirmation.

In years past all fields have been closed when it has been deemed by the District of Squamish's designated squish tester, and the head referees that damage would occur to fields if played on and/or the safety of the children is compromised.

A Field closure policy has been drafted with the District of Squamish and is on the following page.

Please read closely and adhere and respect the decisions made by the field managers.

NO GRASS PRACTICES ALLOWED NOVEMBER TO FEBRUARY

U14 and older will have access to all weather fields in the event the grass fields are closed the alternate schedule to be posted on the website www.squamishsoccer.ca will take effect.

GAME CANCELLATIONS

If you **MUST** cancel a game (not enough players) you must do so prior to Friday night. Give the other team as much notice as possible.

YOU MUST ALSO CONTACT JOSE TO CANCEL YOUR REFEREE

Teams just not showing up forfeit the game and their points.

If you are scheduled in the concession and you cancel your game you are still on the hook for your shift. Blanket cancellations... concession is closed... LUCKY YOU!

Coaches are responsible for rescheduling cancelled games. To re-schedule a game you must contact Jose to confirm that field space is available, and contact either Jose (U14 & U18) or Diana (U9 & U11) to arrange a referee.

OPEN/CLOSURE POLICY FOR SOCCER FIELDS DURING UNCERTAIN WEATHER CONDITIONS

There is collaboration between experienced representatives of soccer user groups (Youth Soccer & the Soccer Association) to work through field opening/closure decisions during uncertain weather conditions. However, the District of Squamish makes the final decision.

Policy guidelines and actions

At 4:00 pm on a Friday a representative of Squamish Soccer (Chief Referee, Jose Oreamuno or his designate) will meet with the District of Squamish Parks' representative to walk the fields. This cannot be earlier due to work commitments of volunteers.

- (a) In the first instance they will look at safety - ice, snow or extensive standing water would cause total field closure.
- (b) Secondly, the aim will be to maximize usage, both for the week-end in question and considering the upcoming weeks. This means avoiding excessive damage, but accepting that usage of fields will indeed lead to some damage requiring repair and maintenance.
- (c) Thirdly, variable opening of fields, allowing younger (lighter) players to go on grass, when older players or adults may be moved to all weather. It is expected that U7, U9, U11 and U12 games will always be played on grass, except where there is a safety issue.
- (d) Fourthly, in marginal conditions, where limited games may be acceptable and/or conditions are improving (as they often do within hours, as weather changes), the senior referee (Jose) may choose to open grass selectively. This is a critical flexibility with regard to some travel team situations, i.e. cup games.
- (e) Between Nov 1st and February 28th all teams will be instructed to train on the all-weather fields. That is, grass will only be open for games. This will reduce wear and tear and allow recovery time between week-ends.

Communication to Users

Based on the above, SYSA will communicate via its website and to its members regarding any closures. The Parks and Recreation Department will advise the Rec. Centre front desk so they can answer public enquiries.

A permanent sign, noting field numbers and allowing for variable open/close signs. This sign is locked and the referee and ground staff have keys.

Based on the above, SYSA would work closely with ground staff to monitor any transgressions and encourage compliance, using penalties on teams that do not follow the new, clear, joint policies.

PRACTICES

Brennan Park grass fields are available for House Practices on Mondays and Wednesdays and Travel Practices on Tuesday and Thursday. Mid-week scheduled or make-up games take precedence. U11 and older should practice at Brennan Park. School fields may be used for the younger divisions; however individual coaches must book the school field usage through the School Board Office at 604-892-5228.

If during the winter you want to practice in a school gym, it is your responsibility to book the gym at the school board office. You will enter into a contract with School District #48. It is your team's responsibility to pay for the gym.

School Gyms and Fields

Please contact Diane Gamba at the School Board Office 604-892-5228 to enquire about the availability of school gyms and fields and the cost.

All Weather Fields (LIGHTS)

All Weather fields are available for practice. A schedule will be prepared and coaches will be able to book fields and schedule practice times through Mark Lambert. Procedure for booking fields will be announced on the web site www.squamishsoccer.ca in mid September. Lights are turned on remotely at Civic Centre for scheduled practice times.

SYSA will cover the cost of the lights this season; however, this coverage will be confirmed on a season to season basis. Individual teams may become responsible for their usage cost should this become a financial issue for the SYSA.

SCORES

After each game, please make sure to sign the ref's slip (they can't get paid without it.)

U14 & U18 teams report scores (whether you won or lost) to: scores@squamishsoccer.ca

IF YOU DO NOT REPORT YOUR SCORE BY MONDAY AT 6:00 PM YOU WILL FORFEIT YOUR POINTS - NO EXCEPTIONS.

When reporting scores make sure you include; **date, team # & name (as well as the opposing team #), division & gender, and of course the score.** Remember, there are a number of teams so the statistician will not know who you are talking about if you just say the "Red Cherries won 4-3".

U7, U9 and U11 leagues will not be keeping standings and you DO NOT need to report scores. No "winner" will be declared at the end of the season, all children will receive a token of their participation in soccer. The goal in these age categories is skill based. No standings is in keeping with the philosophy of BC Soccer, which facilitates skill development in small groups and the emphasis of fostering a fun environment where everyone has a positive experience, keeping these players in the game for the long term.

EQUIPMENT

Each team will be given a ball bag, balls, and a pump bag. Please contact Kim Stanley at kimstanley@hotmail.com should you have any equipment difficulties.

ALL EQUIPMENT SHOULD BE RETURNED TO KIM STANLEY AT THE SAME TIME AS JERSEYS TO PAT GILBERT ON SOCCER WIND-UP WEEKEND.

Please return all equipment at the end of the season. Lost balls and equipment not being returned will result in cost increases to players.

BALLS ARE EXPENSIVE. PLEASE TRY TO GET THEM BACK TO US AND EVERYONE WILL SAVE SOME MONEY!

SCHEDULES

Game schedules are available on the website.

Concession Schedule will be posted on the website and sent to coaches. Please make sure you have 4 volunteers (U11 and up) or 2 volunteers (U7 & U9) for your time. Each team will be responsible for one shift (2 – 3 hours) this season. Teams must confirm they will be able to cover their shift by e-mailing concession@squamishsoccer.ca at one week prior to the scheduled shift. If a team has not confirmed their attendance, or are unable to provide volunteers, the concession will not be open for that time period.

PARENT COMMUNICATION

The following information is on our website and Coaches are encouraged to pass this information on to all of their parents and ask that they go to the website and familiarize themselves with this information:

- 1) A parent code of conduct. This reminds us all of how we should behave. **Soccer should be a positive experience for everyone involved and individuals' behaviour is the key to achieving this goal!**
- 2) Game schedules to hand out to players.

YEAR END PLAYER EVALUATION

Please complete the year-end evaluation for all players on your team. This is an invaluable tool when trying to balance teams for the next year. House coaches complete the evaluations on-line using your coach login and password. Please contact your division coordinator with any questions. Travel coaches will receive an evaluation form and should return it to the registration desk at the concession on the last weekend of the season.

CRIMINAL RECORD CHECK

As instructed by BC Soccer, every coach and assistant coach **must** undergo a Criminal Record Check and provide the completed form to SYSA. These forms are available through your division coordinator and must be dropped off and picked up at the RCMP office by the person having the check completed. These forms must be returned by **September 30th** to your division coordinator in a sealed envelope. Procedure for these checks:

1. Every coach, assistant coach and manager will be required to provide a CRC dated no earlier than April 1st, 2010.
2. The CRC will be given to the divisional coordinator in a sealed envelope with the applicant's name on the outside.
3. Each coordinator will hand the CRCs to Katrina or Sue Sweeney. We are the only two who will read the CRCs.
4. Anyone with a "hit" will be contacted by either Sue or Katrina to ask the specifics of the event.
5. The RCMP MAY be contacted to verify the information provided.
6. Each person with an unclean CRC will then be given a code to protect their identity and the information will be sent by email to a committee at the NSYSA District level where district approval must be received prior to the coach being carded (at the Travel Level) or allowed to continue coaching (at the house level)
7. CRCs will be kept in a secure location here in Squamish until the end of the season when they will be destroyed and we will start all over again.

LAST NOTE

Please remember to call your executive if you have any questions or concerns, we can't act if we don't know. But at the same time please remember that, like you, we are all volunteers. We all respond better when spoken to in a polite and considerate manner.

PARENTAL SUPPORT

THE KEY TO PEAK PERFORMANCE

The role that parents play in the life of a soccer player has a tremendous impact on their experience. With this in mind, we have taken some time to write down some helpful reminders for all of us as we approach the upcoming tougher games. If you should have any questions about these thoughts, please feel free to discuss it with us, the coaches.

1. **Let the coaches coach:** Leave the coaching to the coaches. This includes motivating, psyching your child for practice, after game critiquing, setting goals, requiring additional training, etc. You have entrusted the care of your player to these coaches and they need to be free to do their job. If a player has too many coaches, it is confusing for him and his performance usually declines.
2. **Support the program:** Get involved. Volunteer. Help out with fundraisers, car-pool; anything to support the program.
3. **Be you child's best fan:** Support your child unconditionally. Do not withdraw love when your child performs poorly. Your child should *never* have to perform to win your love.
4. **Support and root for all players on the team:** Foster teamwork. Your child's team-mates *are not* the enemy. When they are playing better than your child, your child now has a wonderful opportunity to learn.
5. **Do not bribe or offer incentives:** Your job is *not* to motivate. Leave this to the coaching staff. Bribes will distract your child from properly concentrating in practice and game situations.
6. **Encourage your child to talk with the coaches:** If your child is having difficulties in practice or games, or can't make a practice, etc., encourage *them* to speak directly to the coaches. This "responsibility taking" is a big part of becoming a big-time player. By handling the off-field tasks, your child is claiming ownership of all aspects of the game - preparation for as well as playing the game.
7. **Understand and display appropriate game behaviour:** Remember, your child's self esteem and game performance is at stake. Be supportive, cheer, be appropriate. To perform to the best of his abilities, a player needs to focus on the parts of the game that they can control (his fitness, positioning, decision making, skill, aggressiveness, and what the game is presenting them). If he starts focusing on what he can not control (the condition of the field, the referee, the weather, the opponent, even the outcome of the game at times), he will not play up to his ability. If he hears a lot of people telling him what to do, or yelling at the referee, it diverts his attention away from the task at hand.
8. **Monitor your child's stress level at home:** Keep an eye on the player to make sure that they are handling stress effectively from the various activities in his life.
9. **Monitor eating and sleeping habits:** Be sure your child is eating the proper foods and getting adequate rest.
10. **Help your child keep his priorities straight:** Help your child maintain a focus on schoolwork, relationships and the other things in life beside soccer. Also, if your child has made a commitment to soccer, help him fulfil his obligation to the team.
11. **Reality test:** If your child has come off the field when his team has lost, but he has played his best, help him to see this as a "win". Remind him that he is to focus on "process" and not "results". His fun and satisfaction should be derived from "striving to win".
12. **Keep soccer in its proper perspective:** Soccer should not be larger than life for you. If your child's performance produces strong emotions in you, suppress them. Remember your relationship will continue with your children *long after* their competitive soccer days are over. Keep *your* goals and needs separate from your child's experience.
13. **Have fun:** That is what we will be trying to do! We will try to challenge your child to reach past their "*comfort level*" and improve themselves as a player, and thus, a person. We will attempt to do this in environments that are fun, yet challenging. We look forward to this process. We hope you do to!